



HEALTH DIMENSIONS GROUP*

For Immediate Release

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Health Dimensions Group® Named a 2024 Top Workplace by *Star Tribune*

MINNEAPOLIS (June 24, 2023)– [Health Dimensions Group®](#) (HDG®), a leading senior living, post-acute, and long-term care management and consulting organization has been named a Top Workplace in Minnesota by the *Star Tribune* for the third consecutive year.

For 15 years, the *Star Tribune* has partnered with [Energage](#), a leading provider of technology-based employee engagement tools, to identify and celebrate Minnesota-based companies in which their employees have favorably ranked in several areas of experiences impacted by company culture, including feeling “Respected and Supported”, “Enabled to Grow” and “Empowered to Execute”.

Employee feedback is submitted annually through confidential engagement surveys. To be considered for the Top Workplace recognition, companies must meet a response rate benchmark of at least 30%. With a response rate of 89%, HDG greatly surpassed the average response rate of 63%. When describing the culture at HDG, employees described their experiences as “values-driven”, “respectful”, and “encouraging”.

“Being honored as a Top Workplace is something HDG is very proud of. We focus each day on fostering an inclusive, welcoming culture that encompasses opportunities for growth and celebrates the successes of our seasoned team members,” said HDG President and Principal Amber Rogotzke. “Addressing the many challenges of senior living and care is a thrill for our team. Whether we’re helping providers creatively tackle workforce shortages, navigate evolving regulatory requirements, or stabilize their businesses, the HDG team has a deep commitment to ensuring our managed communities and consulting clients continuously achieve quality outcomes and long-term operational, clinical, and financial success.”

HDG was founded in 2000 with the mission of making older adults’ lives better by providing quality care, service, and consulting to senior living, post-acute, and long-term care providers, as well as hospitals and health systems, across the nation. Today, the privately held, women-owned company manages communities in seven states and provides consulting services for a range of clients in all 50 states.

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With decades of experience as community owners and operators, HDG's proven process for managing communities, known as Caring Above and Beyond® (CAAB), guides senior living and care organizations in optimizing operations, maintaining regulatory compliance, boosting resident and family satisfaction, and building team engagement by addressing four Pillars of Excellence — quality and customer service, people, finance, and sales and marketing.

In 2023, 5,059 organizations were nominated for *Star Tribune's* Top Workplace program. Of those, survey data from 323 Minnesotan companies met Energage's national benchmarks. *Star Tribune* ranks the organizations with the top scores on the survey and determines the winners. This year, HDG is among only 199 companies that made this year's list of Minnesota's Top Workplaces.

"Earning a Top Workplaces award is a badge of honor for companies, especially because it comes authentically from their employees," said Eric Rubino, Energage CEO. "That's something to be proud of. In today's market, leaders must ensure they're allowing employees to have a voice and be heard. That's paramount. Top Workplaces do this, and it pays dividends."

ABOUT HEALTH DIMENSIONS GROUP®

Health Dimensions Group® (HDG®) is a leading management and consulting organization serving senior living, post-acute, and long-term care providers, as well as hospitals and health systems, across the nation. Founded nearly 25 years ago, HDG's mission is to make lives better by providing quality care, service, and consulting. HDG manages 30 senior living and care communities in seven states, caring for more than 2,600 residents. HDG's thought leaders also provide comprehensive consulting services to a broad range of clients in the aging services sector. Through the dedication of more than 2,300 team members, HDG strives to create a culture of Caring Above and Beyond® with an unwavering commitment to its core values of Hospitality, Stewardship, Integrity, Respect, and Humor®. Discover more at healthdimensionsgroup.com.

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